

		MON	TUES	WEDS	THURS	FRI	
6 <sup>th</sup> February	AM		Community Drop In 10:00-11:30am	What Matters Hub 10am – 1pm	Little Explorers 10am-11:30am <i>(Guest: Positive parenting)</i>	Singing for Wellbeing 10:30am – 11:30 am	Walk It Further 10am – 11am
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm		Art Club (P4-7) ★		
	EVE	Art Club (P1-3) ★ 3:20pm -4:15pm	Youth Club @ No.8 5:30pm – 7:30pm		FULLY BOOKED Low & Slow 7:00pm ★		
13 <sup>th</sup> February	AM		Community Drop In 10:00-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm				
	EVE	Pilates at No.8 club 7:30pm – 8:30pm ★	Youth Club @ No.8 5:30pm – 7:30pm				
20 <sup>th</sup> February	AM	Anniversary Coffee Morning 10:30am-12:30pm	Community Drop In 10am-11:30am	Little Explorers 10am-11:30am <i>(Guest: Sleep &amp; toileting)</i>	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm			
	EVE	Art Club (P1-3) ★ 3:20pm -4:15pm					Pilates at No.8 club 7:30pm – 8:30pm ★
27 <sup>th</sup> February	AM		Community Drop In 10am-11:30am	Little Explorers 10am-11:30am <i>(Guest: Bedtime routine)</i>		Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm	Drop In Land Consultation 10am – 4pm	Drop In Land Consultation 10am – 4pm	
	EVE	Art Club (P1-3) ★ 3:20pm -4:15pm					Pilates at No.8 club 7:30pm – 8:30pm ★
<b>Saturday 4<sup>th</sup> March: Drop In Land Consultation 10am-2pm</b>							
6 <sup>th</sup> March	AM		Community Drop In 10am-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm			
	EVE	Art Club (P1-3) ★ 3:20pm -4:15pm					Pilates at No.8 club 7:30pm – 8:30pm ★



Booking essential for these events



[www.picktime.com/Newcastleton](http://www.picktime.com/Newcastleton)



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# What's On



## Drop In Groups

**Walk It & Walk It Further** meet at Buccleuch House (BH) before setting off on a walk to suit all abilities of the group. Choose Walk It further if you like a longer walk. At the end of the walk groups return to BH for a cuppa.

**Community Drop In** is a time to pop in for a chat, get some advice or practical help with tech gadgets or form filling. If we can't help you, we will do our best to signpost you to the person/service that can.

**In Stitches & Art** is a time to share tips and learn from each other whilst completing a project from home or starting one here. Bring your knit, crochet, cross stitch, art & craft project to complete in the company of others.


**Little Explorers** is a space for parents/carers and their children aged 0-5 to meet for explorative play, chat, and a cuppa. This session we have guest speakers coming along in collaboration with Scottish Borders Council's community learning & development team.


**Singing for Wellbeing** come along with an open mind and a love of feel-good music.

**Youth at No.8** a drop in for young people aged between 11 and 18. Meets at the No.8 Club. Come play games, get creative or just chill and chat.


*Our drop-in groups are free to attend but donations are welcome.*

## Booking Essential Events


 **After School Art (P1-P3 & P4-P7)** Free sessions extended until Easter! Please sign up at [www.picktime.com/Newcastleton](http://www.picktime.com/Newcastleton) to ensure we have up to date consent forms.

 **Pilates:** at the No.8 club. Sessions are suitable for everyone, and options and alternatives to each exercise are given throughout the class.

**£5 per person per session.**

 **Craft workshops with Linda Lovatt:**

- **Kokedamas on Wednesday 22<sup>nd</sup> February** – Snowdrop kokedamas. All materials will be supplied but if you want to bring any little extras like a piece of rooted ivy, ferns, sempervivums etc please do. **(£16pp)**
- **Bird Sculpture on Wednesday 8<sup>th</sup> March** – Fancy having a go at sculpture? On a base of wood, we will create a wire and foil armature, then covering it with air drying clay to form feathers and texture. When dried at home you can paint for a realistic or stylised look. **(£16pp)**

 **Liddel Big Screen: The Duke (12A)** A moving true story that celebrates a man who was determined to live a meaningful life. Set in 1961, it follows the story of Kempton Bunton, a 60-year-old taxi driver, who stole Goya's portrait of the Duke of Wellington. **(£4pp)**

## What Matters Hub (WMH):

What Matters Hubs are a service from Scottish Borders Council (SBC) which offer drop-in sessions and appointments where you can meet people from community groups and voluntary organisations as well as SBC social workers and occupational therapists.

**WMH will be at Buccleuch House on Tuesday 7<sup>th</sup> February from 10am-1pm**

## Warm Spaces

### What we are offering

- Welcoming & warm place to relax
- A listening ear and help for those who need it
- Books, puzzles, games
- Free refreshments
- A friendly place to chat



### Open For Drop Ins

Mondays 1-3  
Tuesdays 9-4  
Thursdays 9-12  
Fridays 9-12



## Anniversary Coffee Morning

**Monday 20<sup>th</sup> February 10:30am-12:30pm**

1 year since a refurbished Buccleuch House re-opened. Join us for a coffee morning to celebrate. Funds raised will go to the:

**SIR ARTHUR ELLIOT MEMORIAL TRUST**

*(Registered Charity SCO 17755)*

*"Since 1992 this small Trust, covering the Parish of Newcastleton, has been giving out small grants annually covering a wide range of interests. These have included help for students with their travel and material costs, to badminton coaching and Jazz Orchestra, game and wildlife and Pharmacy to name a few. On average about six grants are awarded each year which means 180 people have benefitted and this adds up to an astonishing amount of approximately £40,000.*

*Each year the Trustees have been careful to maintain the investment which contains the original sums donated after Sir Arthur died. The amount granted annually has come from the income generated. Unfortunately, inflation has not been kind and with very few donations coming in, we are finding our income dwindling."*

Please join us for tea/coffee/something sweet to celebrate our 1-year anniversary and support this local charity. Home baked goods will be gratefully received! **Thank you.**

