

		MON	TUES	WEDS	THURS	FRI	
13 th March	AM		Community Drop In 10:00-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am – 11:30 am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm			
		Art Club (P1-3) ★ 3:20pm -4:15pm					
EVE	Pilates at No.8 club 7:30pm – 8:30pm ★	Police Surgery 5:00pm-7:00pm Youth Club @ No.8 5:30pm – 7:30pm				Youth Club @ No.8 5:30pm – 7:30pm	
20 th March	AM		Community Drop In 10:00-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm			
		Art Club (P1-3) ★ 3:20pm -4:15pm					
EVE	Pilates at No.8 club 7:30pm – 8:30pm ★	Youth Club @ No.8 5:30pm – 7:30pm	Paper Craft with Linda Lovatt ★ 7:00pm-9:00pm			Youth Club @ No.8 5:30pm – 7:30pm Film night: Living ★ 7:00pm	
27 th March	AM		Community Drop In 10am-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am	
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm	Art Club (P4-7) ★ 3:20pm -4:15pm			
		Art Club (P1-3) ★ 3:20pm -4:15pm					
EVE	Pilates at No.8 club 7:30pm – 8:30pm ★	Youth Club at No.8 5:30pm– 7:30pm				Youth Club @ No.8 5:30pm – 7:30pm	
3 rd April	AM	CLOSED for Staff meeting	Community Drop In 10am- 11:30am	What Matters Hub 10am- 1pm	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	CLOSED Good Friday
	PM	Walk It 1pm – 2pm	In Stitches/ Art 1:15pm – 3pm		Spring Willow Wreath 7:00pm-9:00pm ★		
10 th April	AM	CLOSED Easter Monday	Community Drop In 10am-11:30am	Little Explorers 10am-11:30am	Singing for Wellbeing 10:30am-11:30am	Walk It Further 10am – 11am (Meet at Douglas Sq)	
	PM		In Stitches/ Art 1:15pm – 3pm				
	EVE		Police Surgery 5:00pm-7:00pm				



What's On



Drop In Groups

Walk It & Walk It Further meet at Buccleuch House (BH) before setting off on a walk to suit all abilities of the group. Choose Walk It further if you like a longer walk. At the end of the walk groups return to BH for a cuppa. ***From 14th April, Walk It Further will meet at Douglas Square. Refreshments will be at a local café.***

Community Drop In is a time to pop in for a chat, get some advice or practical help with tech gadgets or form filling. If we can't help you, we will do our best to signpost you to the person/service that can.

In Stitches & Art is a time to share tips and learn from each other whilst completing a project from home or starting one here. Bring your knit, crochet, cross stitch, art & craft project to complete in the company of others.

Little Explorers is a space for parents/carers and their children aged 0-5 to meet for explorative play, chat, and a cuppa. Snack provided for little ones.

Singing for Wellbeing come along with an open mind and a love of feel-good music.

Youth at No.8 is a drop in for young people aged between 11 and 18. Meets at the No.8 Club. Come play games, get creative or just chill and chat. **Please follow Innov8-Newcastleton Youth Project on Facebook to receive updates on our Easter youth programme.**

Our drop-in groups are free to attend but donations are welcome.

What Matters Hub (WMH):

What Matters Hubs are a service from Scottish Borders Council (SBC) which offer drop-in sessions and appointments where you can meet people from community groups and voluntary organisations as well as SBC social workers and occupational therapists.

WMH will be at Buccleuch House on Tuesday 4th April

Booking Essential Events

★ **Pilates:** continues at the No.8 club. Sessions are suitable for everyone, and options and alternatives to each exercise are given throughout the class. **£5 per person per session.**

★ **Craft workshop with Linda Lovatt: Paper craft** – join Linda to create beautiful butterflies and moths using old maps. **£15**



★ **Spring Wreath Workshop:** Create your own wreath by making a thick willow ring, and decorating with moss, greenery, blossom & flowers – a lovely Spring/Easter creation to take home with you. **£25**

★ **Liddel Big Screen: Living (12A)** – the story of an ordinary man, reduced by years of oppressive office routine to a shadow existence, who at the eleventh hour makes a supreme effort to turn his dull life into something wonderful – into one he can say has been lived to the full. **£4**

The above events have been subsidised by the Scottish Governments Communities Mental Health & Wellbeing Fund.

★ **After School Art (P1-P3 & P4-P7)** Free sessions extended until Easter! **Please sign up at www.picktime.com/Newcastleton to ensure we have up to date consent forms.**

**Book online: www.picktime.com/Newcastleton
Or call us: 013873 75908**

Warm Spaces

What we are offering

- Welcoming & warm place to relax
- A listening ear and help for those who need it
- Books, puzzles, games
- Free refreshments
- A friendly place to chat



Open For Drop Ins

- Mondays 1-3
- Tuesdays 9-4
- Thursdays 9-12
- Fridays 9-12



Police Surgery is on at Buccleuch House on the second Tuesday of every month with PC Allan Patterson. No appointment needed.

POLICE



Scan the code using your smart phone to find us on Facebook for more updates on what's happening at Buccleuch House, Newcastleton. We hope to see you at an event soon!