

**From:** [Community Councils](#)  
**To:** [Cuerden, Lynne](#)  
**Subject:** [OFFICIAL] FW: NHS Borders Time for Change conversation posters  
**Date:** 06 November 2023 13:53:50  
**Attachments:** [Gala.pdf](#)  
[Duns.pdf](#)  
[Kelso.pdf](#)  
[Hawick.pdf](#)  
[Peebles.pdf](#)

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**From:** Public Involvement (NHS Borders) <Public.Involvement@borders.scot.nhs.uk>  
**Sent:** Friday, November 3, 2023 3:46 PM  
**Subject:** NHS Borders Time for Change conversation posters

CAUTION: External Email

Good afternoon,

As you may have heard, on 14 November NHS Borders is kicking off our Time for Change conversations – discussions with our communities about the healthcare services that we provide you.

Please see the posters attached. Please feel free to distribute and display your local poster if you have access to somewhere appropriate.

More information about the sessions can be found [here](#).

Many thanks for your support and we hope to see you at your local Time for Change conversation.

Kindest regards,  
Lainey

Lainey Thomas  
Communications Officer  
NHS Borders

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